

KY NASP® NOTES - AUGUST 2015

General –

- When you are teaching NASP in school this year, please send me an email to let me know (patrick.oconnell@ky.gov). I would love to schedule a visit. Please give me as much notice as possible so I can get it on my calendar. Sometimes I even bring presents!!!
- Based on our annual reports, KY NASP now has 662 active programs in the state (and still growing!). We had approx. 130,000 students get NASP archery instruction in school last year. This puts us at just about half of the schools in Ky. If you all can recruit 1 new school each this year, we will have all schools in Ky teaching NASP!!!!
- KY NASP received the 2nd place award for the most new NASP programs (130) in the country this year. Texas beat us by only 8 schools. We will get them next year.

Do you want to compete in tournaments –

- If you plan to compete in ANY NASP competitions this year, you must make sure that NASP is taught in school by a certified Basic Archery Instructor (BAI). These lessons must be taught in school, in a class during the school day as part of the class' curriculum in EVERY school that provides archers that compete. This includes schools that are shooting up and schools joining together using the small school rule.
- If you want to sign archers up for a tournament, you MUST have permission from the school before you sign them up. The school makes the decision if an archer can participate. BAI certification does not give anyone the right to sign archers up for events. The school must give you permission to do so.

Make Money for your program –

- We need a promotional video for the KY NASP program. We cannot think of a better group of folks to create it than you. The theme of the video will be "NASP is for me". We hope to show that NASP is for everyone. We have an extremely diverse group of archers in this program and we want to show it. The video should be at least 30 seconds and no more than 1 minute. At the end of the video you need to instruct them to go to fw.ky.gov/NASP for more information. They need to be completed and uploaded to youtube no later than 12/1/15. Please name the video "KY NASP Promo – school name" (where 'school name' is the name of your school). Please send me (patrick.oconnell@ky.gov) the link to the video once it is uploaded. We get to use all entries. A jury of KY NASP Regional Coordinators and Fish and Wildlife employees will narrow the field of entries to the top ten. We will then promote the videos and use total number of views to determine the winners. The winning school will get a \$2000 grant for archery equipment ordered through NASP and will get to pick a brand new NASP school to receive a \$2000 grant toward the purchase of a NASP kit (this school must commit to implementing the NASP program on a long term basis). Second and third place finishers will receive \$500 grants each. Anyone can help produce this video (parents, teachers, students, school clubs like STLP, ANYONE can help). Be creative!!!! I know you can do it.

Tournaments –

- There are a few changes to tournaments this year.
- For general tournament rules for all tournaments, [click here](#).
- We will be splitting the Team State tournament and Individual State tournament into separate events. This will allow more archers to compete in each.
- The Team State tournament will be March 21 and 22 at the convention center in Louisville. For details on rules and how to qualify [click here](#).
- The Individual State tournament will be March 26 (tentative). For details on rules and how to qualify [click here](#). We are also looking for a host for the event. If you would like to host this tournament [click here](#) to access the application.
- The Regional tournaments will be scheduled for February 5 – 6 when possible. We are also looking for hosts for the regional tournaments. For details on rules and for more information [click here](#). If you would like to host this tournament [click here](#) to access the application.
- We will again be allowing State Qualifier tournaments to better your chances of making it to the State tournament. For details on how they work, [click here](#). For details on hosting a State Qualifier, [click here](#).
- For teams that are unable to register for the KY NASP Team State tournament due to limited capacity we will be hosting a virtual state tournament. This includes 2nd teams from schools/divisions. For details on how it will work, [click here](#).
- We will be hosting the 2nd annual NASP/IBO 3D state tournament this year. New for this year, a team and/or individual can qualify for the National NASP/IBO 3D tournament (in May, in Louisville) from this event. We will also be offering scholarships. To see the details for this event, [click here](#).

Another Beyond NASP class –

- Due to the overwhelming popularity of the last 2 Beyond NASP classes, Tim Strickland will be offering another one of these classes on October 9th and 10th in Lawrenceburg Ky. This class will be limited to 20 participants. You can sign up here <http://naspbai.org/ClassView.aspx?cid=4838>
- Here are some of the comments from the last class:
 - “I thought that we would learn some, but every part was beyond expectations. Tim's knowledge and teaching skills are fantastic.”
 - “I just got home from Tim's class at Henderson, Ky. That class is by far the greatest class ever, for Archery coaches.”
 - “This class was exactly what I was looking for. Don't talk it up too much out of state as we want to keep the advantage !LOL”
- The Agenda is as follows:
 - Day 1 – 8:30AM-5:00PM
 - 8:30 Welcome and Introductions
 - 8:50 Why Improve Archery Instruction
 - 9:10 Traits of a Successful Archery Instructor/Coach
 - 9:30 Obstacles to Archery Success
 - 10:00 Break
 - 10:30 Expand Eleven Steps to Archery Success

11:15 Mental Control: Your Brain is in Charge of the Shot -- Like it or Not

12:00 Adjourn for Lunch

1:15 Correcting Target Panic - #1 Reason Archers Quit!

2:15 Personal Shooter Instruction & Video Evaluation – Range Activity

3:15 Break

3:45 Personal Shooter Instruction & Video Evaluation – Range Activity

5:00 Adjourn for the Day

○ Day 2 – 8:30AM-4:00PM

8:30 Q &A/Clarifications

9:00 Perfect Practice ; Preparing the Archer for Stressful Shooting

10:00 Break

10:30 Maintaining Effective ; Safe NASP® Equipment

11:00 Nutrition and Fitness for the Archer

12:00 Lunch

1:15 Instructor Practical – Range Activity

3:00 Break

3:30 Wrap-Up and Q A

4:00 Adjourn